

Study Sheet for:  
7-90 Demolishing Work

The examination for 7-90 Demolishing Work is a 20 question, multiple choice, **CLOSED BOOK** examination covering all aspects of demolishing work. Each question is equally weighted. A calculator and pencils will be provided at the examination site for your use.

The reference materials listed below might be helpful to candidates in preparing for this exam. However, these materials may **NOT** contain all of the information needed to be competent in this trade or to pass the examination. Please contact a library or bookstore for these or similar reference materials. This list is just a representative sample of the many good books that are available.

**Hoisting and Rigging Standard** (Formerly Hoisting and Rigging Manual); DOE-STD-1090-2004; U. S. Department of Energy; Washington, DC; 2004. Available at:  
<http://www.hss.energy.gov/nuclearsafety/techstds/standard/std1090-04/toc.html>

**Safety and Health Regulations for Construction**; Code of Federal Regulations, Title 29, Part 1926, sections 95-107, 251, 252, 550, 552-553, 850-860; U. S. Department of Labor, Occupational Safety and Health Administration; Washington, D.C.; 2005. Available at:  
<http://www.wbdg.org/ccb/OSHA/1926.pdf>

**Handbook of Temporary Structures in Construction**; Ratay, Robert; McGraw-Hill; New York. (Read all sections relevant to demolishing work.)

**Hanford Site Hoisting and Rigging Manual**, DOE-RL-92-36; U. S. Department of Energy, Hanford Site; Hanford, WA; 2007. Available at:  
<http://www.hanford.gov/?page=555&parent=0>